

## **CROSS COUNTRY**

### **FWBBC's Williams Competes in Vandy Invitational**

*September 17, 2011.* Freshman Joel Williams competed in the Commodore Classic Cross Country Meet at Percy Warner Park. The meet was hosted by Vanderbilt and featured several NCAA Division 1 teams including the University of Alabama, Cincinnati University, Belmont University, and Lipscomb University.

Out of the 190 runners, Williams finished 119<sup>th</sup> with a time of 28:33.80.

“I am proud of Joel,” said Coach John Brummitt. “Saturday was his first 8,000-meter race at the college level. Joel ran extremely well against what will probably be some of his toughest competition for the year. This is a year of firsts. My only regret is that the race came so early in the season. Our team is getting stronger and learning to become more confident in their abilities as runners.”