

Williams Wins First-Ever Cross Country Meet and Breaks Course Record

Knoxville, TN.

September 9, 2011. The Free Will Baptist Bible College inaugural cross country teams got off to an outstanding start at Johnson University. With only two men and one woman competing, FWBBC could not record team scores, but as individuals, they ran and represented the college.

Freshman Joel Williams led the way for the Flames. The Carthage, Missouri, student won the men's four mile event with a time of 23:20, outdistancing the second place collegian by a minute and a half. The second Flames' runner, Jeff Green, finished 12th, with a time of 31:15.

On the women's side, Bethany Coats finished third in the 5k with a time of 24:57.

"I am extremely proud of our team," said Coach John Brummitt. "In our first-ever cross country meet, Joel Williams set a new course record at Johnson, and Beth Coats ran a great race. This is an excellent start to our season. Our program is still in the beginning stages but is already showing great results. I am looking forward to the rest of the season and developing our runners."